Help protect your eyes and your health



Between computers, phones and other mobile devices, how much time do you think you spend looking at a screen each day? Excessive screen time and the blue light emitted from digital devices may contribute to digital eye strain, blurred vision, dry eyes, headaches and sleep disruption.[1]

Help protect more than your eyes

UnitedHealthcare Vision® plans aim to connect you to more choices, better value and improved outcomes through:

A broad network of vision providers, including national and online retailers as well as private practices

Integrated care that supports overall health

Enhancements such as specialized care for people with diabetes, those who are pregnant, kids under 19 and others whose vision may change often

continued

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Keep your eyes safe from blue light with screen protectors for phones and tablets

Blue light screen protectors can be easily applied to digital devices and are designed to:

- ✔ Reduce exposure to blue light
- ✔ Preserve the natural, vivid color of your screen
- ✔ Provide premium impact protection and scratch resistance



Other solutions



Eyesafe® blue light filtration

UnitedHealthcare Vision members get up to 30% off ZAGG screen protectors with Eyesafe blue light filtration for select digital devices.

A special offer you can see

UnitedHealthcare has collaborated with Eyesafe to provide complimentary blue light screen protectors designed for your phone, while supplies last. Scan this code to redeem.

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[1] Mylona, Ioanna, et al. "Spotlight on Digital Eye Strain." Clinical Optometry, U.S. National Library of Medicine, Feb. 27, 2023, ncbi.nlm.nih.gov/pmc/articles/PMC9983433/. Accessed February 2025.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX , VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX . Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

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